

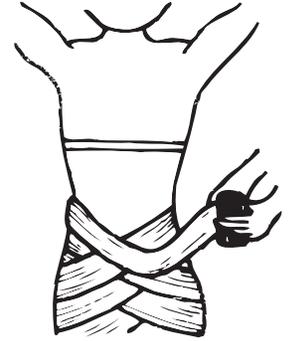
Take Off Inches and Tighten Skin In Just Two Hours!

- **Reduce cellulite and stretch marks. Give your entire body the benefits of a facial mask - smoother, tighter, softer skin.**
- **Most clients average an 8 to 12 inch loss in overall measurements with their first wrap.**

The Indulgences Body Wrap System is a safe and effective process that firms and tones, reducing body measurements and cleansing the skin and soft tissue. It is not a substitute for physical fitness or dietary weight loss programs, but a good partner for an overall fitness plan.

Whether you want a continuing series to complement your diet, a maintenance program or just a quick fix for that special occasion.

Wrap up with Indulgences and unwrap a new you



Q. What is The Indulgences Body Wrap System?

A. It is an advanced inch loss program, which uses natural ingredients to draw out toxins and tighten skin. The body is first misted with our special amino herbal formula, covered with therapeutic sea clay and then wrapped firmly with medical elastic bandages. It is a firming and toning process.

Q. How Does It Work?

A. Herbal extracts, amino nutrients and natural sea clay open pores and draw out toxic accumulations from the skin and soft tissue layers. Pressure wraps compact the detoxified fatty tissues, reducing overall measurements in the areas that need it most.

Q. How long Does It Last?

A. As long as you maintain your weight (or lose some), we guarantee that the lost inches will not return for at least 30 days. With the retoxification of the tissue these inches will gradually return over the next 6 to 12 months, depending wholly on your diet. Avoiding salt, sugar, fried foods, alcohol, caffeine and other toxin-laden foods will substantially retard the re-toxifying process.

Q. Does It Involve Dieting?

A. No dieting is required for inch-loss but Indulgences Body Wrap program is the perfect partner for a diet. Losing weight causes the breakdown of fat, releasing more toxins in the soft tissues, frequently resulting in loose, “flabby” looking flesh. The detoxifying and sculpturing wrap will firm and tighten this flesh to show the full benefits of your weight loss.

Q. Does It Involve Exercise?

A. **The Indulgence Wrap will reduce inches with or without exercise, but the resistance of the wraps will increase the benefits of any level of movement undertaken while wrapped. We recommend doing as much as you are comfortable with.**

Q. How Many Inches Will I Lose?

A. Depending upon your body type (the proportion of soft tissue to muscle mass), most clients average a 10 to 12 inch loss on their first wrap, and about half as much on the second and then third wraps. Many customers have body wraps for skin tightening and cellulite reduction, which does not involve inch loss, while others seek the therapeutic benefits of detoxification.

Q. How Long Does A Body Wrap Take?

A. A body wrap session is usually 2 hours long. The initial interview, measuring and wrapping takes about 45 minutes, another 45 to 60 minutes are spent in the wraps, and then unwrapping, remeasurement and dressing take approximately 15 minutes.

Q. What Should I Wear To Be Wrapped

A. In order to maximize the coverage of the Sea Clay and Amino-Herbal Mist, we suggest that you be wrapped in your undergarments or a skimpy swimsuit. You will be wrapped in warm, damp bandages, so bring an extra set of dry undergarments for after the wrap.

Q. How Often Can I Get A Body Wrap?

A. The body wrap is safe and effective process and you can do it as often as you wish. For inch-loss results, we have found that a series of 4 to 6 wraps - at least 3 days apart - will give most clients the full benefit of the process. If you are losing weight, a continuing series will show results and keep tightening the skin to your new shape. Many people are happy after just one wrap, others return once a month to maintain their results and because it makes the skin so soft and supple.

Q. What Should I Do After The Wrap?

A. It takes about 10 days for the skin to fully adapt to the tissue reduction. You can assist this process by avoiding toxic foods such as salt, sugar, caffeine, carbonated beverages, and alcohol for several days following the wrap in addition to drinking 8 to 10 glasses of water a day. We also recommend not using creams or lotions and taking only lukewarm showers during these days, keeping the solutions in the pores to continue attracting toxins. After 3 days you should take a hot shower, open your pores, and flush the toxins out.

Frequently Asked Questions

Wrap up with Indulgences and unwrap a new you!

The Indulgences Body Wrap System uses the ancient arts of masking and wrapping to change the shape you're in.

Time tested in European spas and health clinics, the pressure body wrapping technique compresses fatty tissues and tightens flesh, helping to tone the underlying muscle.

The Indulgences System goes beyond these benefits, providing skin and tissue nourishment, the stimulation of your body's cellular metabolism, and a therapeutic level of detoxification.

Our three-step program begins with Amino-Herbal extracts and amino nutrients in a pure aloe base work to open and clear clogged pores, providing nutrients and moisturizers to the skin, preparing it for the sea clay.

Indulgences Sea Clay is a complex mixture of natural clays from ancient sea beds. This highly absorbent therapeutic clay is applied directly to the skin (like a facial mask) and draws out toxic accumulation from the soft tissue layers, smoothing and tightening the flesh. Cleansing this tissue revitalizes the new skin's natural elasticity, restoring its ability to help hold the new contours shaped by the wraps. Additionally, like a facial mask, the clay will exfoliate (removes dead cells from) the skin to give it a glowing look and soft healthy feel.

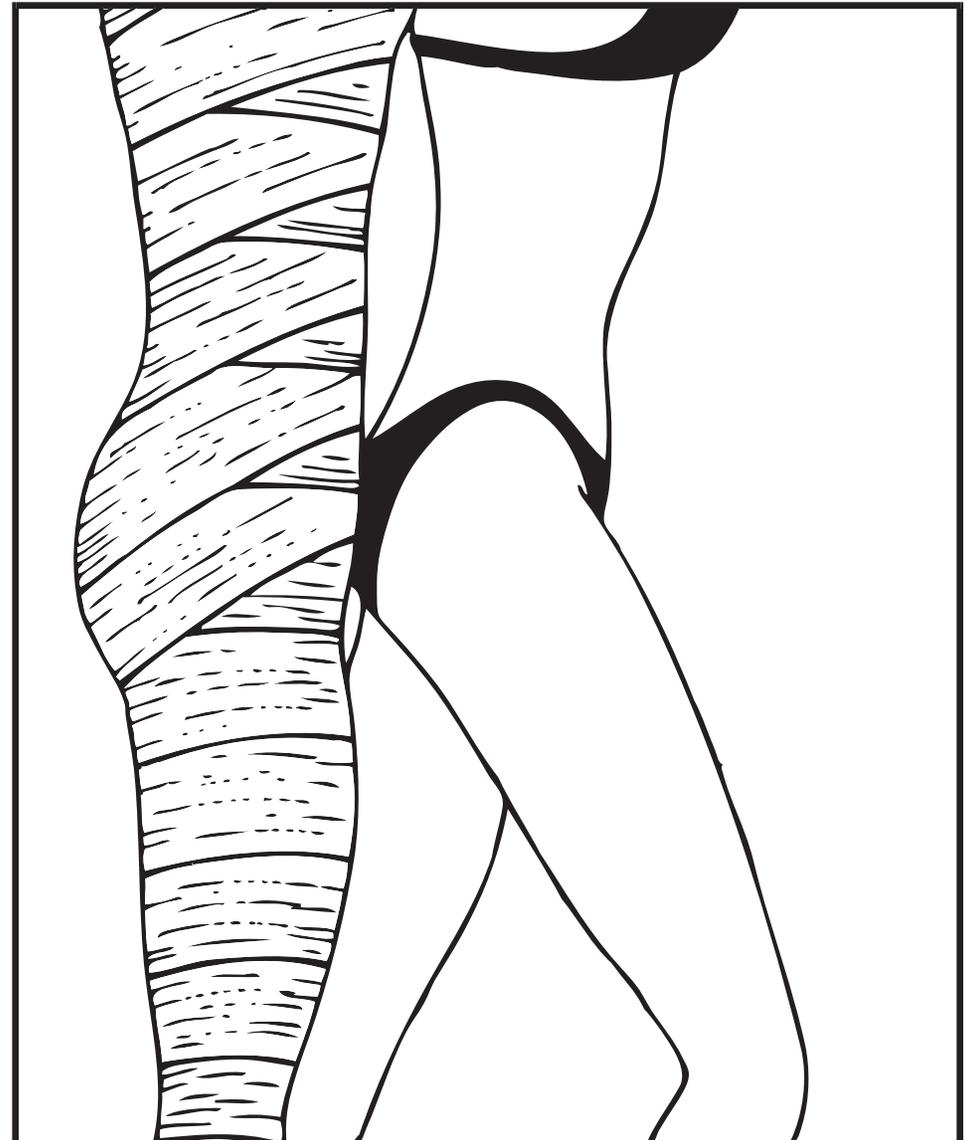
Amino nutrients are the small building blocks that protein is composed of and increasingly, they are being taken like vitamins by health conscious people. We normally get amino nutrients to our bodies in our diet - the proteins in the food we eat are broken down by

digestion into amino nutrients, which are then absorbed directly into the metabolic system, providing building blocks for new tissue. Expect with careful planning, our diets usually lack the correct amount and proportion of amino nutrients for peak health and energy. This affects every function of the body's chemical factory. Scientific study has shown that amino nutrient supplementation and targeting can produce amazing positive results. Indulgences has combined 4 amino nutrients that directly target the breakdown of surface fat, skin and muscle tone development, detoxification, and the reduction of fatigue.

First applied with the herbal mist, amino nutrients are also used to saturate the contouring wraps. This double application aids the absorption of the aminos and the Indulgences Sea Clay. The wraps themselves provide contouring pressure compacting the soft underlying fatty tissue, stimulating circulation, aiding the body's natural elimination of toxic waste accumulation and creating resistance that enhances the results for any level of exercise undertaken while wrapped.

This 3 step approach - Amino-Herbal Mist, amino saturated wraps, and directly applied Indulgences therapeutic Sea Clay, - shows results that far surpass those of other body wraps, working on both the inside and out to cleanse, detoxify and nourish the body while providing a slimmer, shapelier silhouette.

The results will be soft, tightened, glowing skin, reduced cellulite and stretch marks, firmed flesh, and guaranteed inch loss. Look better and feel great with an Indulgences Body Wrap today!



Change The Shape You're In With...

Indulgences
Body Wrap System